## Scientific Program | Day 1

### Friday, 13th December 2019

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<th>Time</th>
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<tr>
<td>07:30 - 08:15</td>
<td>Masterclass</td>
<td>Hall-B Barabati</td>
<td>Making best use of fibula flap</td>
<td>Hall-C Chilika</td>
<td>Diagnostic approach to managing an aging face</td>
<td>Hall-D Dhauli</td>
<td>My current concept in primary rhinoplasty - Essence of 42 year’s experience</td>
<td>Hall-E Ashoka</td>
<td>Picture says a thousand words - Mastering photography in practice</td>
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<td>08:15 - 08:30</td>
<td>Tea Break</td>
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<td>08:30 - 09:00</td>
<td><strong>Gillies’ Oration</strong> - Experiences in learning, practicing and teaching plastic surgery</td>
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<td>09:00 - 09:30</td>
<td><strong>Godrej Visiting Professor Oration</strong> - Rekindling the research spark</td>
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<td>09:30 - 10:00</td>
<td>Lessons from a lifetime in lymphology</td>
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<td>10:00 - 10:30</td>
<td>Infringement and cooperation with other specialities - Two sides of the same coin</td>
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**Plenary Session: Hall-A Konark**

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<th>Time</th>
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<tbody>
<tr>
<td>08:30 - 09:00</td>
<td><strong>Gillies’ Oration</strong> - Experiences in learning, practicing and teaching plastic surgery</td>
<td>Amresh Baliarsing, Vijay Kumar, Rakesh Khazanchi</td>
<td>09:00 - 09:30</td>
<td><strong>Godrej Visiting Professor Oration</strong> - Rekindling the research spark</td>
<td>Suresh Gupta, S.P. Bajaj, Surajit Bhattacharya</td>
<td>09:30 - 10:00</td>
<td>Lessons from a lifetime in lymphology</td>
<td>F. M. Tripathi, S. K. Kar, Anil Behl</td>
<td>10:00 - 10:30</td>
<td>Infringement and cooperation with other specialities - Two sides of the same coin</td>
<td>Mathangi Ramakrishnan, Falguni Ray, Vinay K. Tiwari</td>
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<td>10:30 - 10:45</td>
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<td>Chairpersons: V. Bhattacharya, R.K. Mishra, Sameek Bhattacharya</td>
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<td>10:45 - 10:55</td>
<td><strong>Goa APSICON 2010 research award</strong></td>
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<td>Correlation of magnetic resonance imaging (Neurography) and electrodiagnostic study findings with intra-operative findings in post traumatic brachial plexus palsy</td>
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<td><strong>Speaker</strong>: Neehar R. Patel</td>
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<td>10:55 - 11:05</td>
<td><strong>Kilner essay presentation</strong></td>
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<td>Lipofilling - A regenerative alternate for remodeling burn scars: A clinico-immunohistopathological study</td>
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<td><strong>Speaker</strong>: Durga Karki</td>
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<td>11:05 - 11:25</td>
<td><strong>Burnout amongst plastic surgeons:</strong></td>
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<td><em>A myth or reality?</em> - Nikhil Panse</td>
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<td><em>An antidote!</em> - Ravin Thatte</td>
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<td>Chairpersons: Subramania Iyer, Arun K. Choudhary, Mukund Jagannathan</td>
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<td>11:25 - 12:45</td>
<td><strong>Peet prize session</strong></td>
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<td>Outcome of early surgical management in plantar hallux ulcers - The gamechanger in diabetic foot management</td>
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<td><strong>Speaker</strong>: Madhu Periasamy</td>
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<td>Eyelid reconstruction - Lessons learnt!</td>
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<td><strong>Speaker</strong>: Nikhil Panse</td>
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<td>Partial second toe pulp free flap for fingertip reconstruction</td>
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<td><strong>Speaker</strong>: Rajendra Gujjalanavar</td>
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<td>Functional restoration of bilateral hand amputee at the wrist level - An alternative to hand allotransplantation or prosthesis</td>
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<td><strong>Speaker</strong>: Rajendra Nehete</td>
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| 10:00 - 10:30| Total anatomical nasal skeletal reconstruction using a new autologous graft: The tent shaped fibular contoured bone graft  
**Speaker:** Rajiv Agarwal                                                                                                                                                                      |
|              | Arterialized venous flaps for the digits - A viable new alternative  
**Speaker:** Renganathan Gopi                                                                                                                                                                      |
| 12:45 - 13:30| **Lunch Break**                                                                                                                                                                                                                                                  |
|              | **Chairpersons:** Nitin Mokal, Rajendra Nehete, Sanjay Mahendru                                                                                                                                                                                                  |
| 13:30 - 13:40| **Dr. Sam C. Bose & Saroja Bose best paper on Audit & Research in plastic surgery**  
Epidemiological trends in burn unit at tertiary care centre in western India - Analysis over five years  
**Speaker:** Hemant Mankar                                                                                                                                                                       |
| 13:40 - 13:50| Establishing and expanding the horizons of our speciality - Amritsar Experience  
**Speaker:** Ravi Mahajan                                                                                                                                                                       |
| 13:50 - 14:00| ‘Smile Pinki’ to ‘Burned Girl’: Small stories to make a big difference  
**Speaker:** Subodh Singh                                                                                                                                                                        |
|              | **Chairpersons:** Vijay Kumar, Dinesh Kadam, Maneesh Singhal  
**Leadership and History session**                                                                                                                                                                  |
| 14:00 - 14:10| Nothing happens in Vacuum - Need for Leadership  
**Speaker:** Somes Guha                                                                                                                                                                              |
| 14:10 - 14:20| History of plastic surgery in India - Concluding the documentation odyssey  
**Speaker:** Mukund Thatte                                                                                                                                                                        |
| 14:20 - 14:30| Vision statement by Vice-presidential candidates                                                                                                                                                      |
### Scientific Program | Day 1

#### Friday, 13th December 2019

**Hall-A Konark**

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<tr>
<td>14:30 - 15:00</td>
<td><strong>Chairpersons:</strong> Karoon Agarwal, Kalpesh Gajiwala, Vinay Kant Shankhdhar</td>
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| (04min+2min each) | **Dr. Ashok Koul innovation session**  
Are mucoperiosteal flaps (Wardill Kilner / Von Langenbak) necessary in complete cleft repair. A new protocol using a combination of vomer flaps, buccal flaps and the Sommerlad repair  
**Speaker:** Faizal Syed  
- Single stage continent commissure and pericommissure reconstruction using microvascular radial forearm flap and elastic musculomucosal flap  
**Speaker:** Jhansi S.  
- Gravity aided ambulatory intravenous fluid infusion device with supplementary accessories (patent pending)  
**Speaker:** Satyanarayan Mishra  
- A very easy method to do microsurgery in very thin walled small veins  
**Speaker:** Sumit Singhal  
- Upper trapezius to triceps transfer a novel technique for restoration of elbow extension in patients with birth brachial plexus palsy  
**Speaker:** Surekha Vellala |
| 15:00 - 15:15 | **Tea Break** |
### A1 - B.M. Davar - Rhinoplasty Session

**Chairpersons:** Sanjeev Deshpande, Rajiv Agarwal, Akshay K. Rout

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<th>Time</th>
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<tbody>
<tr>
<td>12min+03min</td>
<td>Noses which taught me a lot!</td>
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<td><strong>Speaker:</strong> Wolfgang Gubisch</td>
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<td>12min+02min</td>
<td>Fallacy of the tripod theory</td>
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<td><strong>Speaker:</strong> Uday Bhat</td>
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<td>12min+02min</td>
<td>Augmentation rhinoplasty in Indian patients &amp; alar base reduction</td>
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<td><strong>Speaker:</strong> Kapil Agarwal</td>
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<td>08min+02min</td>
<td>Management of complex septal deviations by roof access technique</td>
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<td><strong>Speaker:</strong> Jiten Kulkarni</td>
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**Free papers**

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<tr>
<td>05min</td>
<td>Piezosurgery in rhinoplasty - How effective it is?</td>
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<td><strong>Speaker:</strong> Atul Parashar</td>
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<td>05min</td>
<td>Rhinoplasty: Key points in optimising results</td>
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<td><strong>Speaker:</strong> Vithal Lahane</td>
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<td>03min</td>
<td>Nasal septum split graft for nasal ala and tip reconstruction</td>
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<td><strong>Speaker:</strong> Vishwanath Dudani</td>
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<td>03min</td>
<td>Dorsal nasal augmentation using silicone nasal implants</td>
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<td><strong>Speaker:</strong> Anand Joshi</td>
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<td>03min</td>
<td>Calvarial bone graft for augmentation rhinoplasty</td>
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<td><strong>Speaker:</strong> Sanjay Giri</td>
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<td>06min</td>
<td>Q &amp; A</td>
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### A2 - Bijoy Methil - Liposuction and Lipofilling Session

**Chairpersons:** Neeta Patel, R. Murugesan, Atul Parashar

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<tr>
<td>12min+03min</td>
<td>A practical approach to autologous fat grafting</td>
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<td><strong>Speaker:</strong> Milind Wagh</td>
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<td>12min+03min</td>
<td>Current evidence for liposuction and fat processing systems</td>
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<td><strong>Speaker:</strong> Sanjay Mahendru</td>
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<td>10min</td>
<td>Micro fat, nanofat &amp; PRP for scar modulation</td>
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<tr>
<td>05min</td>
<td>Management strategy for permanent filler complications with special emphasis on the value of autologous cell assisted lipotransfer</td>
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<tr>
<td>03min</td>
<td>Clinical applications of fat grafting</td>
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<td>03min</td>
<td>Nano fat graft for scar management and its role in tissue rejuvenation</td>
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<td>04min</td>
<td>Q &amp; A</td>
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<td>17:15 - 18:25</td>
<td>A3 - Narendra Pandya - Body Contouring Session</td>
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<tr>
<td>10min+02min</td>
<td>Abdominoplasty - State of the art</td>
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<td>10min+02min</td>
<td>Penile enhancement surgery</td>
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<td>10min+02min</td>
<td>Brazilian buttock augmentation!</td>
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<td>10min+02min</td>
<td>Minimizing risk and improving results in post bariatric body lifts - Five tricks and tips</td>
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<td>10min+02min</td>
<td>Endoscopic abdominoplasty and breast lift</td>
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<tr>
<td>04min+01min</td>
<td>Scope of female cosmetic genital rejuvenation</td>
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<tr>
<td>04min+01min</td>
<td>Mega liposuction - helping in weight reduction</td>
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<td>18:30: 19:00</td>
<td>S. K. Bhatnagar Quiz preliminary round</td>
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<td>15:15 - 16:45</td>
<td><strong>B1 - S. Jamal - Lymphedema Symposium : Basics to Future</strong></td>
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<tr>
<td>12min+02min</td>
<td>Lymphatic surgery - Looking into Crystal Ball</td>
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<td>08min+02min</td>
<td>Genital Lymphedema</td>
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<td>12min+02min</td>
<td>Filarial lymphedema management- Is microsurgery the answer?</td>
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<td>08min</td>
<td>Approach to assessment and investigations</td>
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<td>Reduction and excisional surgeries</td>
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<td>08min</td>
<td>Drainage procedures in Lymphedema</td>
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<td>08min</td>
<td>Vascularised LN transfer</td>
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<td>05min</td>
<td>A beginners wish list to learn lymphedema surgery</td>
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<td>15min</td>
<td>Discussion</td>
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<td>16:45 - 17:45</td>
<td><strong>B2 - S. Raja Sabapathy - Lower Limb Session 1</strong></td>
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<tr>
<td>12min+03min</td>
<td>Are perforator flaps feasible for chronic osteomyelitis reconstruction?</td>
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<td>15min</td>
<td>Role of dermal regenerative templates in reconstructive surgery</td>
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<td><strong>Speaker:</strong> J.P. Hong</td>
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<td>08min + 02min</td>
<td>Combination flaps for lower limb defects</td>
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<td><strong>Speaker:</strong> V. Bhattacharya</td>
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<td>05min</td>
<td>Management protocol and patient outcomes in vascular injuries of extremities</td>
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<td><strong>Speaker:</strong> Subrat Kumar Jena</td>
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<td><strong>Free papers</strong></td>
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<tr>
<td>05min</td>
<td>Prospective study of sliding metatarsal osteotomy for lesser metatarsal head ulcers in diabetic patients</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Sourav Sarkar</td>
</tr>
<tr>
<td>05min</td>
<td>Extensive circumferential degloving with open fractures of lower limb: pattern, management &amp; functional outcome</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Maithreyi Sethu</td>
</tr>
<tr>
<td>03min</td>
<td>Correcting the biomechanics of first metatarsal head ulcer using modified jones transfer</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Radhika Malireddy</td>
</tr>
<tr>
<td>03min</td>
<td>Role of cross leg flap in microsurgical unit</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Krishnan Srinivasan</td>
</tr>
<tr>
<td>03min</td>
<td>Clinicopathological and radiological study of pedal arches and its implication in the management of neuroischemic diabetic foot</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Subha T. V.</td>
</tr>
<tr>
<td>03min</td>
<td>Saving heel pad degloving injuries: role of dermataxis with negative pressure wound therapy</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Philip Puthumana</td>
</tr>
<tr>
<td>08min</td>
<td>Q &amp; A</td>
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</table>
### Scientific Program | Day 1

**Friday, 13th December 2019 | Parallel Sessions Hall-B Barabati**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>17:45 - 18:30</td>
<td><strong>B3 - N. C. Nanda - Bone Tumours and Sarcoma Recon Session</strong></td>
</tr>
<tr>
<td></td>
<td>Chairpersons: Parag Sahasrabudhe, Shivprasad Date, Sanjay Giri</td>
</tr>
<tr>
<td>12min+03min</td>
<td>Looking beyond autologous tissue!</td>
</tr>
<tr>
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<td>Speaker: Prakash Nayak</td>
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<tr>
<td>Free Papers</td>
<td></td>
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<tr>
<td>05min</td>
<td>Utility of Perforator flaps in reconstruction of soft tissue sarcoma defects</td>
</tr>
<tr>
<td></td>
<td>Speaker: Cinjini Das</td>
</tr>
<tr>
<td>03min</td>
<td>Reconstruction of osteoradionecrosis in a weight bearing long bone with microvascular fibula and anterolateral thigh flaps: 2-year result</td>
</tr>
<tr>
<td></td>
<td>Speaker: Philip Puthumana</td>
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<tr>
<td>03min</td>
<td>Out-comes of Modified microvascular Van Nes Rotation-plasty as a limb salvage surgery in paediatric peri-articular knee sarcoma</td>
</tr>
<tr>
<td></td>
<td>Speaker: Karnav Panchal</td>
</tr>
<tr>
<td>03min</td>
<td>Tumours of the Hand: A single centre retrospective review</td>
</tr>
<tr>
<td></td>
<td>Speaker: Dexter R Marak</td>
</tr>
<tr>
<td>03min</td>
<td>Technique of limb salvage and reconstruction using a mega prosthesis and ALT flap in a case of a large giant cell tumour of the upper end of left tibia</td>
</tr>
<tr>
<td></td>
<td>Speaker: Gururaj Hosahalli</td>
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<tr>
<td>03min</td>
<td>Our experience of free vascularized fibular graft for bridging large skeletal defects of the upper extremity following oncological resection.</td>
</tr>
<tr>
<td></td>
<td>Speaker: Firoz Borle</td>
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<tr>
<td>03min</td>
<td>Free flaps for limb salvage in lower limb bone tumors: long term follow up</td>
</tr>
<tr>
<td></td>
<td>Speaker: Rajesh Yellinedi</td>
</tr>
<tr>
<td>07min</td>
<td>Q &amp; A</td>
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### Scientific Program | Day 1

**Friday, 13th December 2019 | Parallel Sessions**  
**Hall-C Chilika**

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<th>Time</th>
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<tbody>
<tr>
<td><strong>15:15 - 16:30</strong></td>
<td>C1 - Prabha Yadav - Head and Neck Reconstruction Session</td>
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<tr>
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<td><strong>Chairpersons:</strong> Quazi G. Ahmad, Pradeep Goil, Ashok B. C.</td>
</tr>
<tr>
<td>12min+03min</td>
<td>Maxilla reconstruction, being candid</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Giorgio De Santis</td>
</tr>
<tr>
<td>12min+03min</td>
<td>Horses for courses - Need for a large stable of flaps</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Samir Kumta</td>
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<tr>
<td>08min+02min</td>
<td>Couplers for MVA - Making a case for use in India</td>
</tr>
<tr>
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<td><strong>Speaker:</strong> Rajan Arora</td>
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<tr>
<td>05min+02min</td>
<td>The Comissure restoration challenge</td>
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<td></td>
<td><strong>Speaker:</strong> Sandeep Mehta</td>
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<tr>
<td></td>
<td><strong>Free papers</strong></td>
</tr>
<tr>
<td>05min</td>
<td>Combined perforator based free flaps in head and neck reconstruction</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Gautam Biswas</td>
</tr>
<tr>
<td>05min</td>
<td>Partial tongue reconstruction - State of the art</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Gautam Biswas</td>
</tr>
<tr>
<td>05min</td>
<td>Relevance of radial artery forearm flap in present day HN onco</td>
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<td>reconstruction</td>
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<td><strong>Speaker:</strong> Vinay Verma</td>
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<tr>
<td>05min</td>
<td>To compare and assess the functional recovery in</td>
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<td>reconstruction of complex maxillary defects with ALT free</td>
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<td>flap and vascularised free fibula flap</td>
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<tr>
<td></td>
<td><strong>Speaker:</strong> Harish Kabilan</td>
</tr>
<tr>
<td>08min</td>
<td>Q &amp; A</td>
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### Scientific Program | Day 1

**Friday, 13th December 2019 | Parallel Sessions**  
**Hall-C Chilika**

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<th>Time</th>
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<tbody>
<tr>
<td><strong>16:30 - 17:15</strong></td>
<td><strong>C2 - K. Sridhar - Printing, Planning &amp; Precision Session</strong></td>
</tr>
<tr>
<td>Chairpersons: K. Sridhar, Sundeep Vijayaraghavan, Veena Singh</td>
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</tbody>
</table>
| 08min | 3D printing assisted reconstruction of chest wall in complete sternal cleft  
**Speaker:** Sundeep Vijayaraghavan |
| 08min | 3D Modelling and its application in maxillary reconstruction  
**Speaker:** Gautam Biswas |
| 05min | 3DP to the rescue  
**Speaker:** Venkateshwaran N |
| 05min | Facial prosthetics  
**Speaker:** Reiyal Goveas |
| **Free Papers** |                                                      |
| 03min | Problems, planning and execution of reconstruction in unusual case of kyphosis in meningomyelocele  
**Speaker:** Tushar Thorat |
| 03min | Use of 3d printing and virtual 3d imaging to aid mandibular reconstruction; experience and methodology at our centre  
**Speaker:** Samarth Gupta |
| 03min | Mock surgery using 3d printed model for craniosynostosis: does it hold credibility in developing countries?  
**Speaker:** Nikhil Mehta |
| 10min | Discussion                                                      |
## Scientific Program | Day 1

**Friday, 13th December 2019 | Parallel Sessions**

### Hall-C Chilika

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>17:15 - 18:15</td>
<td>C3 - N. H. Antia - Imaging for Reconstruction: Perforators, Pedicles and Perfusion</td>
</tr>
<tr>
<td></td>
<td><strong>Chairpersons:</strong> Gautam Biswas, Brijesh Mishra, Adhish Basu</td>
</tr>
<tr>
<td>10min</td>
<td>Are our eyes enough?</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Gautam Biswas</td>
</tr>
<tr>
<td>05min</td>
<td>CT scan for flap planning - Lessons from DIEP experience</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Amrita Rao</td>
</tr>
<tr>
<td>05min</td>
<td>Hand-held audio doppler - Utility and limitations</td>
</tr>
<tr>
<td></td>
<td><strong>Speaker:</strong> Rajesh Yellinedi</td>
</tr>
<tr>
<td>05min</td>
<td>Colour Doppler for perforator localisation</td>
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<tr>
<td></td>
<td><strong>Speaker:</strong> Devajyoti Guin</td>
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<tr>
<td>05min</td>
<td>Beyond perforator, arteries and veins - ICG near infrared fluorescence</td>
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<tr>
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<td><strong>Speaker:</strong> Ashok B.C.</td>
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<tr>
<td>10min</td>
<td>New age colour doppler USG &amp; experience with thermography</td>
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<td><strong>Speaker:</strong> Sumit Singhal</td>
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<tr>
<td>10min</td>
<td>Next generation perfusion assessment devices</td>
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<td></td>
<td><strong>Speaker:</strong> Adhish Basu</td>
</tr>
<tr>
<td>10min</td>
<td>Discussion and summation</td>
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<tr>
<td>Time</td>
<td>Topic</td>
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<tr>
<td>15:15 - 16:15</td>
<td><strong>D1 - K. S. Goleria - Cleft and Craniofacial Session - 1</strong></td>
</tr>
<tr>
<td><strong>Chairpersons:</strong> Ramesh Sharma, Vispi Driver, Devi Prasad Mohapatra</td>
<td></td>
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</tbody>
</table>
| 15min    | **PGIMER – IT Jackson Cleft & Craniofacial award** - "Palatal lengthening following use of the buccal myomucosal flap in primary palatoplasty"  
**Speaker:** Mukund Jagannathan |
| 12min + 03min | Standardising cleft care  
**Speaker:** Jeffery Fearon |
| 10min    | Managing fibrous dysplasia  
**Speaker:** Arun Kumar Singh |
| 10min    | Ear reconstruction  
**Speaker:** Padam Singh Bhandari |
|          | **Free papers**                                                      |
| 05min    | Management of rare craniofacial clefts  
**Speaker:** Abbas Mistry |
| 05min    | Assessment of the proportion of malnutrition and micronutrient deficiency amongst cleft lip and palate children: A single centre cross sectional study  
**Speaker:** Debarati Chattopadhyay |
| 05min    | Primary open tip rhinoplasty along with bilateral cleft lip repair in bilateral complete cleft of primary/ and secondary palate: Analysis of results in 400 cases  
**Speaker:** Subodh Kumar Singh |
| 05min    | Q & A                                                                |
| 16:15 - 17:15 | **D2 - Mathangi Ramakrishnan - Burns Session 1**                    |
| **Chairpersons:** Sunil Soni, Lakshmi Palukuri, K.L. Bora           |
| 12min + 3min | Challenges in management of major burns in India  
**Speaker:** Shailesh Ranade |
| 10min + 2min | Use of glycerol preserved allografts in acute burns  
**Speaker:** Sunil Keswani |
<table>
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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>10min+02min</td>
<td>Early surgical intervention in electrical burns</td>
<td>Speaker: Lakshmi Palukuri</td>
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### Free papers

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>05min</td>
<td>Severe post burn contracture of the neck - Excisional release and resurfacing by split thickness skin graft- Analysis of 340 cases.</td>
<td>Speaker: Subodh Kumar Singh</td>
</tr>
<tr>
<td>05min</td>
<td>Use of epidermal cell suspension in burns wound management</td>
<td>Speaker: Bharat Mishra</td>
</tr>
<tr>
<td>05min</td>
<td>Comparison between central segment expansion technique and split skin grafting in postburn contractures of fingers</td>
<td>Speaker: Prateek Thakur</td>
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<tr>
<td>05min</td>
<td>Anatomical study of supraclavicular perforator artery and its clinical application as sensate supraclavicular artery propeller flap in the reconstruction of post burns scar contracture neck</td>
<td>Speaker: Sathya Pakkiri</td>
</tr>
<tr>
<td>05min</td>
<td>Supraclavicular flap in post burn neck contracture - Tailoring for optimal outcome</td>
<td>Speaker: Soumya Bag</td>
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<tr>
<td>05min</td>
<td>Q &amp; A</td>
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### D3 - Arvind Vartak - Social Responsibility

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<th>Time</th>
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<th>Speaker</th>
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<tbody>
<tr>
<td>15min</td>
<td>Volunteering - Gives more than it takes</td>
<td>Speaker: Mahesh Prabhu</td>
</tr>
<tr>
<td>15min</td>
<td>It’s not just about the surgery</td>
<td>Speaker: Vinita Puri</td>
</tr>
<tr>
<td>15min</td>
<td>Finding resources for charity</td>
<td>Speaker: Sunil Keswani</td>
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<tr>
<td>10min</td>
<td>Discussion</td>
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**Friday, 13th December 2019 | Parallel Sessions | Hall-E Ashoka**

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<tr>
<td>15:15 - 18:30</td>
<td><strong>E1 - Apsicon 2019 - Life after Residency</strong></td>
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<tr>
<td><strong>A.</strong></td>
<td>Problem statement, foremost questions, keeping morale high</td>
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<td><strong>Chairpersons:</strong> S. Raja Sabapathy, Vijay Joseph, Medha Bhave</td>
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<tr>
<td>02min</td>
<td><strong>Introduction</strong> - A Residents plea</td>
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<td></td>
<td><strong>Speaker:</strong> Dushyant Jaiswal</td>
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<tr>
<td>03min</td>
<td><strong>Introductory Video:</strong> Fears and aspirations after residency</td>
</tr>
<tr>
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<td><strong>Speaker:</strong> Hetanshu Parekh</td>
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<tr>
<td>05min</td>
<td>Chase a passion or choose a place?</td>
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<td><strong>Speaker:</strong> Sachin Verma</td>
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<tr>
<td>10min</td>
<td>Jack of all trades is certifiably the past tense</td>
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<td><strong>Speaker:</strong> Milind Wagh</td>
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<tr>
<td>20min</td>
<td>Handling failure and setbacks</td>
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<td><strong>Speaker:</strong> S. Raja Sabapathy</td>
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<tr>
<td>10min</td>
<td>Discussion</td>
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<tr>
<td><strong>B.</strong></td>
<td><strong>Foreign shores, what's in store!</strong></td>
</tr>
<tr>
<td>05min</td>
<td>A case for travelling abroad to learn</td>
</tr>
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<td><strong>Speaker:</strong> Viraj Tambwekar</td>
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<tr>
<td>05min</td>
<td>Visiting and training at St Andrews Centre, U.K.</td>
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<td><strong>Speaker:</strong> Venkat Ramakrishnan</td>
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<tr>
<td>05min</td>
<td>Visiting and training opportunities at Asan Medical Centre, Seoul, Korea</td>
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<td><strong>Speaker:</strong> J.P. Hong</td>
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<tr>
<td>05min</td>
<td>Microvascular training opportunities in Europe</td>
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<td><strong>Speaker:</strong> Sinikka Suomininen</td>
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| C.         | **Practicalities beyond Plastic surgery**  
**Chairpersons:** Ketan Parmar, Satish Bhat, Ibohal Akoijam                                                                 |
| 08min      | Walk together to go far  
**Speaker:** Samir Kumta, Shrirang Purohit                                                                                           |
| 12min      | Money matters and money does matter!  
**Speaker:** Rajendra Nehete                                                                                                             |
| 08min      | Saving yourselves!  
**Speaker:** Medha Bhave                                                                                                                |
| 07min      | Q & A, Discussion                                                                                                                        |
| D.         | **Personal / Gender specific issues**  
Debate – Motion – Life after PRS residency is tougher for women than men!  
**Moderators:** Sheeja Rajan, Devi Prasad Mohapatra                                                                                  |
| 05min+01min| For the motion  
**Speaker:** Neharika Neeraj                                                                                                         |
| 05min+01min| Against the motion  
**Speaker:** Vybhav Deraje                                                                                                          |
| 1.5min Each| Moderators summation and show of hands                                                                                                 |
| E.         | **Learn by examples - Swimming against the tide**                                                                                       |
**Chairpersons:** Prakash Chhajlani, Vithal Lahane, Neha Chauhan                                                                            |
| 15min      | Setting up a successful aesthetic surgery practice & Winning patient over!  
**Speaker:** Sanjay Parashar                                                                                                          |
| 08min      | Being academic against the odds  
**Speaker:** Pawan Agarwal                                                                                                              |
| 05min      | Microsurgery in micro setups  
**Speaker:** Mangesh Tandale                                                                                                             |
<table>
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<tr>
<td><strong>F.</strong></td>
<td><strong>Beacons of hope - Reclaiming territories &amp; finding new pastures</strong></td>
</tr>
</tbody>
</table>
| 08min | How understanding cancer helped me!  
**Speaker:** Sandeep Mehta |
| 05min | Why I manage Varicose Veins!  
**Speaker:** Sunit Nema |
| 05min | Why only small vessels?  
**Speaker:** Nishant Khare |
| 10min | Discussion |
| **G.** | **Further training avenues, international and national-options and logistics** |
| **Chairpersons:** Sunil K. Rout, Anmol Chugh, Raja Shanmuga Krishnan |
| 05min | Aesthetic Surgery - International options  
**Speaker:** Aniketh Venkatram |
| 05min | Reconstructive Surgery - International options  
**Speaker:** Raja Shanmuga Krishnan |
| 05min | International fellowship - Managing Logistics  
**Speaker:** Raja Shanmuga Krishnan |
| 05min | Aesthetic Surgery - National options  
**Speaker:** Anmol Chugh |
| 05min | Reconstructive surgery - National options  
**Speaker:** Tasneem Belgaumwala |
| 05min | Summary and Closing Remarks  
**Speaker:** Sunil Kumar Rout |